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## *Preface to PJAHS Volume 4 Issue 1*

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The events in recent months have placed the general public, including researchers, at a quandary. This pandemic has rendered some at a standstill. But more than ever, research should be at the forefront of decision-making on how we can proceed with our lives despite and in spite of the pandemic. Thus, we here at PJAHS remain steadfast in publishing relevant and up to date research that aims to improve the quality of lives of our stakeholders through high quality allied health research articles. This is the first issue of the fourth volume of PJAHS. In this issue, we are happy to announce the publication of seven research articles.

In an attempt to be relevant to the present needs of the society, we publish four letters to the editor that tackles various contexts in the times of the pandemic. Specifically, our author contributors discuss how allied health professions, such as occupational therapy and speech language pathology, can respond to the health needs of their stakeholders. Another article presents a reflection on how allied health education can respond to these trying times. The last letter to the editor argues how one's mental can be compromised with the current situation and provides recommendations on how to best cope with these uncertainties.

Three original research articles are included in this issue from different groups of physical therapy researchers. It came as a wonderful surprise how these three research articles all fall within the topic of lower extremity researches.

The first article determines the evidence-based outcome measures clinicians utilize in their practice of taking care of patients with knee osteoarthritis. The author argues for opportunities to close the gap in the assessment for knee osteoarthritis in the Philippines with global standards. The next two articles used electrophysiological methods in further understanding the mechanisms involved in jump landing. These two articles remind us of continuously improving our research methodologies through physiology-based instrumentation.

Essential to publishing high-quality research articles entail going through the process of peer-review. In this edition's editorial, PJAHS reflects on the current changes and challenges related to the peer-review process. Regardless of the recent issues and controversies surrounding the peer review process, we remain steadfast in trusting the benefits and rationale behind peer reviews. Of course, the peer review process will not move forward for a publication without the support of their review board. That is why, in this issue, we recognize the valiant and selfless efforts of the editorial members and staff of PJAHS that made the publication of this issue possible.