



Preface to PJAHS Volume 5 Issue 1

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On behalf of the PJAHS editorial board, we are pleased to bring the first issue of the journal's fifth volume to mark a new operational year for the journal. In this we issue, we publish the works of authors encompassing various article types and research designs.

This issue is opened with an editorial that reflects back on the previous issues of PJAHS on the occasion of its 15th year anniversary. Data on the journal's metrics are assessed and its implications on our future plans are discussed. This issue also marks the first publication of our first study protocol, a scoping review protocol on the use of martial arts for improving balance among older adults. A short report follows on presenting the case of how Filipino occupational therapists infuse concepts of standard precautions for infection control in telehealth services among children.

The collection of original research articles is divided into two sections. Last year, the journal called for a special section that will present research supporting health-related outcome measures for the Filipino population. In this issue, we published evidence on four outcome measures: Sensory Processing and Self-Regulation Checklist- Tagalog Version, Victorian Institute of Sport Assessment-Patella (Filipino version), Victorian Institute of Sports Assessment Ankle Instability (Filipino version), and the Filipino Worker Role Interview. Our regular call for original research manuscripts

resulted in the publication of four articles. These articles explore various outcomes across different contexts, settings, and populations. Three of these articles used observational study designs looking at: functional mobility problems and cognitive decline in institution-based older adults in Leyte, Philippines; pregnancy-related low back pain among pregnant women in Northern Nigeria; and the dietary habits and nutritional knowledge of selected Filipino athletes. The last article explored graphic health warnings in rural and low-income settings in the Philippines using qualitative methods.

We thank the editorial board and pool of international academic editors of PJAHS for their valuable contribution to making this issue of PJAHS possible and a reality. They are subsequently recognized in a special research article by our current editor-in-chief and representative of the journal's publisher.

This issue ends with the new author guidelines for PJAHS that shall take place within the year, as the journal moves to a new online submission system.