
A white parallelogram with a black border and a grey shadow, tilted to the right. The word "Editorial" is written in black, bold, sans-serif font across the center.

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Editor – in – Chief

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Greetings to everyone!

Welcome to the third issue of our journal. Exactly a year ago, we were struggling to launch a journal as part of our mission to produce researches on allied health in the Philippines. The process was not easy but with the aid of our mentors and allies' (local and international) aid who shared their expertise with us, we finally came up with a peer reviewed Philippine Journal of Allied Health Sciences last November 2006.

To this date, we have published 14 research reports, 10 commentaries and 4 feature articles. On behalf of the editorial staff, I would like to express my sincerest gratitude to the following:

- The reviewers, for continuously aiding our authors to make their work worthy of publication
- The authors, for working hard on their papers to revise them as per reviewers' comments and suggestions
- The contributors (features and commentaries), for the body of knowledge they share with our readers and lastly
- Our readers, for patronizing and considering our journal as a credible and good source of knowledge and information.

Our effort to sustain this journal is also aligned with our mission to spread the concept of Evidence Based Practice (EBP) particularly in terms of Evidence Transfer. Evidence Transfer as defined by the Joanna Briggs Institute, is the preparation and dissemination of condensed evidence based information through education and training and hard copy and electronic publications. The next step to such is Evidence Utilization which is the implementation of evidence through the provision of systems and tools to assist clinicians, managers, educators and academics/researchers to implement evidence in health care practice (JBI).

We, the editorial staff and core researchers of the Center for Research on Movement Science, have defined an **Evidence Based Network** to set the agenda for EBP in the allied health sciences in the Philippines. It consists of:

- Evidence Synthesis Group of the Joanna Briggs Institute (JBI)
- Evidence Translation Group of the Centre for Allied Health Evidence (CAHE)
- Philippine Journal of Allied Health Sciences (PJAHS)
- Allied Health Division (Teaching Evidence based practice to health organizations, institutions, clinicians, doctors, academicians and allied health practitioners)

The Allied Health Division is geared towards teaching the medical practitioners and allied health professionals on the use and the process of EBP and doing systematic reviews and meta analyses. Lectures on EBP as well as the utilization and actual conduct of systematic reviews have been pioneered by CRMS this academic year. An Introductory lecture/seminar on EBP was held with the UST Apolinario Mabini Rehabilitation Center clinicians and allied health science alumni of the university. A link with the University Of Santo Tomas Department Of Anesthesiology was also established to teach and supervise resident doctors to use EBP and conduct systematic reviews. In line with this, we congratulate the department for winning the first and the second place in the **17th Philippine Society of Anesthesiologists Annual Residents' Research Forum**

The winning research papers were:

First Place:

Effectiveness of clonidine or dexmedetomidine in preventing post-operative shivering: A meta-analysis and Systematic Review

Filipinas S. Pajar, M.D., Consuelo G. Suarez, M.D.

Second Place:

The Effectiveness of low molecular weight heparin in the prevention of deep venous thrombosis in patients undergoing total hip arthroplasty: A meta-analysis

Dennis B. Aquino, M.D., Consuelo G. Suarez, M.D

The mission of spreading the word of EBP is an enormous task to pursue. Setting the agenda, breaking new grounds and initializing the work are very tough undertakings. However, if we aim for excellence in education, health outcomes and clinical practice, we can only give our utmost dedication and expertise in this endeavor.

Good luck and more power to everyone!

And lastly,

Dr. Karen Grimmer-Somers – Director
Centre for Allied Health Evidence (CAHE)
University of South Australia

Thank you for all your support!