



Preface to PJAHS Volume 6 Issue 1

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This is the first issue of the sixth of the Philippine Journal of Allied Health Sciences (PJAHS). In this issue, we publish six articles: four original research articles, and two study protocols.

The four original research articles published in this issue spans the Philippines, Nigeria, and Japan. Two of these articles targeted, specifically, undergraduate students' mental health. Even prior to the current pandemic, there has been an increased focus on the mental health of this population. The restrictions and consequent contextual restrictions may have likewise aggravated this issue. It is our hope that these articles may inform current university policies to ensure the health and well-being among this population, which will eventually become the future of the allied health professions.

Scientific journals, such as PJAHS, enable academics a space where their scholarly outputs can be published to the greater scientific communities. The article from Nigeria, provides insight on how we can reflect on our situations in the Philippines and elsewhere. We are open to similar articles from other countries on the same topic to provide an international scoping of this issue elsewhere.

PJAHS is an avenue for both showcasing allied health research and practice. The article from Japan investigated the effects of preoperative individual characteristics, pain, physical function, and psychological factors on early postoperative physical activity, as measured by step counts. Their results have implications on improving clinical management during the early stages of treatment among patients after total knee arthroplasty.

Two research protocols are included in this issue of PJAHS. The first featured research protocol will aim to look at the perception of students and faculty from the Blackboard learning management system as a medium for enhanced virtual learning during the pandemic, specifically in the case of their university. While the other article, aims to develop a profession-specific questionnaire on the perceptions of physical therapists on PPE usage in response to the COVID-19 pandemic with good face and content validity. PJAHS has been an avenue to publish COVID-19 related research in the recent past. This trend will continue as we help researchers share quality findings from the evidence generated in their scholastic pursuits.

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